



Becoming an Outdoors-Woman

Fairbanks BOW BLITZ

Saturday, June 28th & Sunday, June 29th

Alaska Department of Fish & Game

1300 College Rd, Fairbanks, Alaska

Becoming an Outdoors-Woman events focus on learning outdoor skills. Blitz activities are balanced between hunting & shooting, fishing, and other outdoor activities. Events are designed primarily for women and are learning opportunities for anyone 18 years of age or older.

This program is for you if....

- You have never tried one of these activities but have hoped for an opportunity to learn.
- You are a beginner who wants to improve your skills.
- You know how to do some of these activities but would like to try your hand at new ones.
- You enjoy the camaraderie of like-minded individuals.

Tentative Agenda

Saturday, June 28th

- 8:00 am - 8:30 am Check in
- 8:30 am Welcome & Intros
- 9:00 am - 12:00 pm Session I
 - Archery 101
 - Chainsaw
 - Intro to Rifle and Firearm Safety
 - River Fishing 101
 - Trapping 101
 - Bear Safety
 - Survival 101
 - Big Game Hunting
- 12:00 pm - 1:00 pm Pizza Lunch
- 1:00 pm - 4:00 pm Session II
 - Archery 101
 - Big Game Hunting
 - Fly Fishing 101
 - Plants of the Boreal Forest
 - Dutch Oven Cooking
 - Backpacking 101
 - Survival 101
 - Upland Bird Hunting
- 4:00pm—5:00pm Dutch oven social

Sunday, June 29th

- 8:00 am - 8:30 am Check in
- 9:00 am - 12:00 pm Session III
 - Chainsaw
 - Birdwatching
 - Intro to Rifle and Firearm Safety
 - Lake Fishing 101
 - Wild Game and Fish Cooking
 - Plants of the Boreal Forest
 - Map and Compass
- 12:00 pm - 1:00 pm Picnic lunch and closing remarks

Blitz Notes

- **Cancellation Policy: Read Carefully!** When you submit your registration form you are agreeing to these terms!
 - Cancellations made before Friday, June 13th shall receive a full refund minus a \$25 processing fee.
 - Cancellations made between June 14th –22nd will be refunded 50% of the event fee.
 - Cancellations made after June 22nd will not be refunded.
- **Registration, Confirmation & Payment Process:** Online registrations will be processed in the order received starting May 12th at 12:00pm. Within 72 hours from the time of submission of your registration you will receive an email indicating that your submission was received and a payment link or that you were waitlisted. There are 80 spots available. Payment is due by Friday, May 30th. **On June 4th** we will send you an email with your class list, a list of what to bring, and driving directions.
****Please note, your credit card statement will show a charge from the Outdoor Heritage Foundation of Alaska (OHFA).***
- **First Time Participants:** Our primary responsibility is to reach new people who want to learn outdoor skills. If you have attended a BOW Blitz in the past, you will be placed on a waitlist. Priority registration will also be given to participants in the Fairbanks/ Denali/ and Delta areas. Past participants will be added based on space availability starting May 19th.
- **Equipment:** All equipment will be provided unless otherwise noted in the course descriptions. **PLEASE DO NOT BRING PERSONAL FIREARMS, AMMUNITION, ARROWS OR KNIVES.**
- **Fishing Licenses:** All fishing classes require a VALID 2025 ALASKA FISHING LICENSE. Purchase your license ahead of the Blitz and bring it with you. Licenses may be purchased on-line at: www.adfg.alaska.gov. Look on the right side of the page and select the box that says “Get Licenses, Tags and Selected Permits”; click there.
- **Medical Conditions:** If you have any medical conditions that may limit your ability to participate in these activities, or are pregnant, please consult your physician prior to registration.
- **Pets:** Pets are **NOT** permitted.
- **Smoking & Drinking:** Fish and Game is a smoke-and drug free facility. Alcohol is prohibited. Smoking and vaping are only permitted in designated locations.
- **Special Needs:** If you have any special needs, including dietary requirements or special needs that require assistance please indicate this on the registration form. We will try to accommodate your needs.
- **What to Bring:** Classes are held both indoors and outdoors and focus on hands on learning. For your safety and comfort it is important for you to bring appropriate clothing. Be prepared to dress in layers, including:
 - Rain Jackets
 - Hiking shoes or boots
 - Water proof items (in case of rain)
 - Reusable Water Bottle
- **Provided Meals:** We will be providing lunch on Saturday and Sunday. Lunch on Saturday will consist of pizza, salad, fruit, and cookies. Lunch on Sunday will be grilled sausages and food from the wild game and fish cooking class. We will also have water and lemonade available. If you have strict dietary restrictions please bring your own food and join us for a picnic lunch.
- **Event Fee:** \$125, this includes instruction in all sessions, program materials, equipment use, and lunch both days.
- **Event Funding:** The BOW Program is made possible by the cooperative efforts of the Alaska Department of Fish & Game (ADFG) and their official foundation the Outdoor Heritage Foundation of Alaska (OHFA). OHFA is a nonprofit organization dedicated to education in hunting and fishing. OHFA is supported by donations from individuals, companies, and organizations with an interest in sharing their enthusiasm for outdoor activities. www.ohfak.org

Workshop Class Descriptions

Archery – How do you hold a bow? What is a nock? Can you really hit that target? Absolutely! Participants will shoot Genesis, compound, and recurve bows successfully after learning about archery equipment and proper techniques. Class is held entirely outdoors.

Backpacking 101— Backpacking is a basic course that will help you feel comfortable extending beyond day hiking to over-night, backcountry adventures. Class will cover trip planning, gear that is suited for your body and Alaska, food that's light-weight and fuels you through the miles, basic safety and cool trip ideas. You'll have the opportunity to try out different types of equipment; practice loading, adjusting and hiking with a backpack. Learn how to pick and set up your campsite. This class is held outdoors.

Bear Safety— Learn to recognize bear signs and their significance, and how to avoid bear encounters. Additional topics will include bear behavior, defense techniques and deterrents, as well as information about Alaska's Defense of Life and Property law. This class is held indoors.

Big Game Hunting—Interested in hunting big game in Alaska but not sure how to start? This class will cover the basics of firearm and cartridge selection, how to sight in your rifle, shot placement and game anatomy, gear selection and hunt preparation. This class will also explain Alaska Hunting Regulations and how to apply for Draw Tags. This class is held indoors.

Bird Watching 101— Learn all about different birds found in interior Alaska with the science educators! Information will include: birding 101, picking the right binoculars, apps and guides, identification of species, research, banding and more. Participants will go on a walk through Creamers field and learn to identify various birds. This class is held outdoors.

Chainsaw - Learn about chainsaws, safety equipment, and proper techniques needed to safely operate a chainsaw. Learn basic chainsaw maintenance, how to limb trees, cut logs, and stack firewood. This class is held outdoors. Ability to walk 10 mins to class location required.

Fly Fishing 101 – Introduction to the fundamentals of fly fishing, feeding habits of freshwater fish, how a fly rod works, knots and rigging, fly selection, landing fish, regulations and essentials of the cast. Oh-and fishing! This class is held outdoors. A current Alaska Fishing License is required and must be purchased prior to this event.

Gear Repair in the Field— Introduction to emergency repair of clothing and soft gear in the field. Learn how one might prevent needing emergency repairs in the first place, how to make up an easily carried personal emergency repair kit for situations that do arise, and how to make those repairs in the field. This class is held indoors and outdoors.

Intro to Rifle & Firearm Safety - Learn the about firearm safety, the parts and safe operation of a bolt-action rifle, ammunition components and basic marksmanship skills! We will be shooting at an indoor range – those pregnant or breast feeding should consult with their physician due to potential exposure to lead. This class is held indoors.

Lake Fishing 101— For those interested in checking out your nearby lakes! Learn to use an open-faced spinning reel, selecting appropriate lures, rigging up, casting, catching and releasing fish, regulations and fishing! This class is held outdoors. A current Alaska Fishing license required and must be purchased prior to this event.

Plants of the Boreal Forest—Vegetation is the most visible part of our environment. Learn to identify the plants that surround you every day. Learn the major trees, shrubs, and ground cover plants of the boreal forest. We will also discuss their relationship to wildlife habitat, edibility, and other uses as well. Be prepared to spend several hours hiking through varied terrain and habitat. Ability to walk for 10-15 minutes at a time required. This class is held outdoors.

River Fishing 101— Alaska is home to many rivers. Learn the techniques needed to fish moving water including: overview of gear and tackle set ups, fishing for arctic grayling, catch and release, regulations and more! This class is held outdoors. A current Alaska Fishing License is required and must be purchased prior to this event.

Trapping 101—Gain an understanding of fur trapping in Alaska. Learn how to be able to identify the common species of fur bearers, recognize tracks, and understand different types of trapping methods to target specific species of animals. This class is held indoors and outdoors.

Wild Game and Fish Cooking—You have collected your bounty of delicious Alaskan wild fish and game, but you don't know what to cook for dinner. Let our instructors inspire you with practical, affordable, healthy delights. Share recipes for cooking game birds, seafood, big game, and other local fare. Tasting required! This class will be held indoors and outdoors.

Dutch Oven - Add the finest in outdoor cuisine to the table in your great Alaskan adventures! Learn to use a Dutch Oven so you are able to cook incredible meals in Alaska's great outdoors. Imagine the aroma of scratch biscuits, fresh bread, and cinnamon rolls wafting through your campsite. Tasting required! Class is held outdoors.

Survival 101— Be comfortable and confident when venturing out in Interior Alaska. Learn what to put in your survival kit and how to use it. Learn survival skills — how to make a shelter, fire, keep safe if lost, signal for help and how to keep the right attitude in a survival situation. Outdoors and hands-on

Map and Compass— This class will teach you how a compass works and how to use one. You will also learn about topographic maps and how to use them with a compass to figure out your location, take a bearing, and how to determine your route. This class is held outdoors.